

God Called Moses

The Gospel Project: Unit 4 Session 1

Exodus 1-4

Midweek Bible Lesson

Week of November 23rd, 2025

Christ Connection: God saw His people suffering as slaves in Egypt and sent Moses to rescue them. We all suffer as slaves to sin, and God sent Jesus to rescue us by dying and rising again.

Big Picture Question: PS- Why does sin keep us from God? Sin keeps us from God because He is holy.; Elem- Why does sin separate us from God? Because God is holy, sin has broken our relationship with God.

Memory Verse: PS- The Lord hears, and rescues. Psalm 34:17; Elem- The righteous cry out, and the Lord hears them; he delivers them from all their troubles. Psalm 34:17

Spiritual Discipline: Service- work done for the good of other people and for the glory of God

Leader Bible Study: Over the next few weeks, we will be talking about the spiritual discipline of service. Many kids are aware of the concept of serving others. The idea of service is talked about and encouraged in many parts of society today. Many businesses, restaurants, and stores ask us to give to others in need when we make our purchases. Opportunities for service projects are plentiful through schools and community organizations. While the abundance of opportunities for service is a great thing, service is not always explained from a biblical perspective. It is important for kids to understand what Scripture says about service.

The goal of this unit is for kids to recognize that service is work done for the good of other people and for the glory of God. Jesus provided the ultimate example of service to us when He died on the cross for our sins. His sacrifice and example allow us to serve others. Throughout this unit, we will look at multiple stories of people who served with humility.

This week, we will look at the life of Joseph and how he chose to humbly serve his brothers after they mistreated him. Joseph's brothers were jealous of him and chose to sell him to the Egyptians. Yet Joseph remained faithful to God, and God blessed him in all that he did. Our focus begins when Joseph was a ruler of Egypt during a time of great famine. Joseph's brothers went to Egypt to buy grain and, in doing so, met Joseph. They did not recognize him, but Joseph knew who they were. After keeping his identity a secret for a while, he revealed himself to his brothers. They were understandably terrified, but Joseph assured them that he was not angry. Even more so, he allowed all his brothers to live near him, and he promised to sustain them throughout the remainder of the famine.

Joseph's response to his brothers is a great example of serving with humility. He was deeply wronged by his brothers, and, years later when they met again, he held great power over the entire region. He could have retaliated and caused suffering for his brothers. Instead, he told them it was God who sent him to Egypt to deliver his family and keep them alive. The goal of this session is that kids will recognize what service with humility looks like through Joseph's example. Joseph recognized it was God who brought him to his position of power, and he used that position to serve his brothers in love.

[Welcome](#)

Sing Songs

Name That Friend

Materials: name tags, pens

Lead each kid to find a partner, preferably someone she does not know well. Once everyone has a partner, distribute two name tags and a pen to each pair. Encourage each kid to share a story about a time she served others, listing details about how she served and what it felt like to serve. Remind kids that the act of service can be large or small. The listening partner comes up with a new name for her partner that best fits the story of service and makes a name tag. Examples could include Joyful Jake, Merciful Makenna, Helpful Hallie, etc. Prompt the kids to switch and allow the other partner to share. Once all pairs have shared with each other and made name tags, encourage the pairs to share their new names with the group.

Learn About Service

Review Spiritual Disciplines

Materials: none

Say, ***“During this time each week we come together to learn about and practice spiritual disciplines.”***

Ask, ***“What is a spiritual discipline?”***

Say, ***“A spiritual discipline is a practice, or a repeated action, we do to help us grow in love for God and godliness. Some examples of spiritual disciplines are worship, prayer, celebration, fasting, Bible study, service, rest, and generosity.”***

Introduce the Discipline of Service

Materials: none

Say, ***“Today we will begin to look at the spiritual discipline of service. Service is something we hear about and see a lot of in our world today.”***

Ask, ***“What comes to the mind when you hear the word ‘service’?”***

Say, ***“Those are some wonderful thoughts on service. When we think of service, we often think about helping other people in need or sharing what we have with others. For the next five weeks, we will discover what service looks like according to the Bible. We will see that helping others is an important part of service, but there is much more to it. Service is work done for the good of other people and for the glory of God.”***

Group Game: Service Scavenger Hunt

Materials: below printable enlarged, printed, and cut



Post the cards throughout the room on walls, tables, chairs, and doors. Form teams of three, making sure each team has at least one reader. Prompt kids to go on a scavenger hunt and find three examples of humble service. The first team to find three examples and report where the examples are located wins.

Ask, ***“We just read a lot of examples of service. How did the examples of humble service look different from the examples of prideful actions?”***

Say, ***“It’s often east to see from the outside whether someone is acting out of humility or out of pride. Humility means we are thinking of others before we are thinking of ourselves. Acting in a prideful manner means we are looking for attention or praise for our actions. Humility is an important part of what service looks like according to the Bible. We saw a great example of someone serving others with humility this week in the Bible study session. Moses served both the Israelites and God when he led the Israelites out of Egypt. Today we are going to look at another person in the Bible who served others with humility: Joseph.***

Joseph had quite an interesting, and sometimes difficult, life. His brothers were jealous of him and sold him to the Egyptians as a slave. Even though he had been wronged, Joseph continued to obey God, and God blessed him. Joseph continued to be wronged by others in Egypt, but he remained faithful and obedient to God. God continued to bless Joseph. The king made Joseph a powerful leader in Egypt; no one but the king was more powerful than him. At the point in the story where we pick up today, the entire region was stuck in a terrible famine, which meant there was an extreme shortage of food. Joseph’s brothers went to Egypt to try and buy food but did not realize that Joseph was the person they were trying to by food from.”

Read the Bible

Materials: Bibles

Read Genesis 45:1-15.

Ask, ***“What was Joseph’s attitude toward his brothers when he revealed himself to them?”***

Say, ***“Joseph was overwhelmingly kind and loving to his brothers. We see that his brothers were so terrified they could not speak. Right away, when he tells them he’s Joseph, he encourages them not to be sad or angry with themselves for selling him as a slave.”***

Ask, ***“Why do you think Joseph’s brothers were terrified?”***

Say, ***“Joseph was a very powerful leader in Egypt. His brothers knew they had wronged Joseph in a big way. The power he held gave him the ability to take revenge on his brothers. Instead, he chose to forgive them and serve them in love.”***

Ask, ***“Besides the gracious words he spoke to them when he revealed that he was their brother, what is another way Joseph served his brothers?”***

Say, ***“Joseph told his brothers to move themselves, all their family members, all their livestock, and all their stuff to the land of Goshen, in Egypt, and live near him. He told them that he would sustain them by giving them food throughout the rest of the famine.***

At the beginning of the session, we went on a search for examples of humble service on our scavenger hunt. Joseph’s bold, loving actions toward his brothers are more great examples. The words he speaks to his brothers also give us a big clue that Joseph served with great humility. He told his brothers that God was the One who moved him to Egypt in order to save the lives of his family members. He said it was God who made him a ruler of Egypt. He recognized that the power he had been given was not from himself but was all from God. Just like Joseph, we have all been given different gifts from the Lord that we should use to serve others. Maybe God made you really good

at math. Maybe He blessed you with lots of friends. Maybe God made you really good at sports.”

Ask, “How can you use your gifts to serve other people with humility?”

Say, “Those are some great examples. Remembering that God is the One who gives us all our gifts helps keep us humble as we serve. Humility means we recognize God’s gifts in our lives and look for ways to help, encourage, and uplift others. Knowing that everything we have comes from God keeps us from being prideful or from bragging about things we have done.”

Christ Connection

Materials: none

Say, “Joseph served his brothers with humility by forgiving them and providing for them. Jesus shows us the greatest example of this kind of service. He forgives all the sins of everyone who trusts in Him and is baptized. Jesus also provides eternal life.”

Group Activity: Red Light, Green Light Theater

Materials: red and green construction paper- 1 each per kid, earlier scenarios from the service scavenger hunt

Select two volunteers for each scenario and prompt the pairs to act out the scenarios. Distribute one piece of red construction paper and one piece of green construction paper to each kid.

Encourage kids watching the scenarios to hold up the green construction paper if a scenario involves someone being humble and the red construction paper if a scenario involves someone being prideful. Discuss the different scenarios as a group and how they

show pride or humility. Ask what kids could do differently in the prideful examples to make them humble examples.

Say, ***“We came across plenty of opportunities to serve others with humility each day. We also face many tempting moments to be prideful each day. Joseph showed his humility by forgiving his brothers and serving them. God wants us to serve the people in our lives with the same attitude of humility. Parents, siblings, teachers, classmates, friends: we have plenty of people in our lives who we can serve each day.”***

Follow Up on Last Week’s Challenge

Materials: none

Say, ***“Last week, our challenge was to write a letter to Jesus and share any worries or sins we are carrying and give them to Him.”***

Ask, ***“How did it feel to give Him those worries? Would anyone like to share part of their letter?”***

Introduce This Week’s Challenge

Materials: none

Say, ***“Your challenge this week is to look for examples of other people serving with humility. In each situation you notice, think about what that person is doing that shows she is serving with humility.”***

[Love God by Practicing Service](#)

Create Joseph’s Baseball Card

Materials: index cards, pencils, markers

Guide kids in making a baseball card for Joseph. Prompt kids to think about what they learned about Joseph today that could be included in his “stats.” On one side of the card, kids will write facts about Joseph, like his job as a ruler in Egypt, how many brothers he had, who his father was, where he lived, and how he served. On the other side of the card, kids will draw a picture of Joseph. If time permits, allow each kid to share what he has created.

True or False

Materials: papers with words True and False, tape

Hang a piece of paper with the word *True* on one side of the room and a piece of paper with the word *False* on the other side of the room. Guide kids to stand in the middle of the room. Read a statement and prompt kids to decide if it is true or false and then run to the corresponding side of the room. Take time to talk about each statement and why it is true or false. Examples include:

- Joseph was sold as a slave to Egypt. (*True*)
- Joseph was very mad at his brothers when he first saw them in Egypt. (*False; Joseph was excited to see them!*)
- Joseph was disobedient to God when his brothers sold him. (*False; Joseph continued to follow God and live for Him.*)
- God blessed Joseph’s obedience and used him in Egypt. (*True*)
- Telling everyone you are the best basketball player in school shows humility. (*False*)
- Using your free class time to help a classmate with math shows humility. (*True*)

Close in Prayer

Materials: none

Use the scripted prayer below, pray in your own words, or ask a student to pray.

Say, ***“God, thank You for blessing us with gifts we can use to serve others. Remind us that all of our blessings and gifts are from You. Help us use those gifts to serve others with humility and point people to You. Amen.”***